

Cognitive Principles & Restructuring Facilitator Training

Curt Swenson & Rae Ann Forseth

Upon completion of this training, participants will be able to:

- ✓ Examine & discuss the importance of group facilitation
- ✓ Examine facilitation experiences comparing successful & problematic group experiences.
- ✓ Examine the curative factors and communication skills associated with groups.
- ✓ Teach offenders the 4 steps to self-change
- ✓ Describe and recognize criminal foundation errors utilized by offenders.
- ✓ Respond to offenders utilizing criminal foundation errors.
- ✓ Implement a cognitive restructuring program segment to address foundation errors.
- ✓ Describe and recognize criminal cycles utilized by offenders.
- ✓ Implement a cognitive restructuring program segment using criminal cycles
- ✓ Understand the purpose of a thinking error report.
- ✓ Implement the use of thinking reports with offenders
- ✓ Describe the difference between the three phases of CP&R
- ✓ Follow the Lesson Plans in the Facilitator's Manual
- ✓ Understand and be able to teach each of the assignments
- ✓ Understand how to use the forms for the program
- ✓ Understand the limits of confidentiality

Who should attend: Program managers, counselors, facilitators, supervisors of treatment programs, correctional staff interested in involvement in a cognitive restructuring program, Probation and Parole officers, Mental Health professionals, Chemical Dependency program staff and Pre-Release Center staff.

Date: April 2 – 4, 2008

To register contact:

Time: 8:00 am to 5:00 pm
Location: DOC Training Center

Geri Mason
406-846-1320 ext 2307
gmason@mt.gov

442 Golf Course Rd
Deer Lodge, Montana 59722

Cost: \$18.00 made payable to: Montana Correctional Enterprises

For additional training opportunities, you may go to the DOC **Internet** web @
<http://www.cor.state.mt.us/Resources/Training.asp>; or the DOC **Intranet** web @
http://mycor.cor.mt.gov/Human_Resources/Training/SchAnnForms.asp

IF ADEQUATE NUMBERS ARE NOT REGISTERED THE CLASS WILL BE CANCELLED

Fresh perspectives allow us
to branch off in new directions.

This class is POST Certified



The DOC Training Unit makes reasonable accommodations for any known disability that may interfere with a person's ability to participate in training. Persons needing an accommodation must notify the Training Unit no later than 2 weeks before the date of training to allow adequate time to make needed arrangements. To make your request known, you can call 406-846-1320 ext. 2307 or gmason@mt.gov.